

## 2008 OFFICERS

### President

Dr. Doug Nordstrom  
(360) 659-5695  
[dmordy@aol.com](mailto:dmordy@aol.com)

### Vice President:

Rob Gamage  
(360) 691-9997  
[ragflyguy@hotmail.com](mailto:ragflyguy@hotmail.com)

### Past President:

Mark Edison  
(425) 397-8097  
[mark-effc1@edsons.com](mailto:mark-effc1@edsons.com)

### Trustees:

Dale Dennis  
(360) 435-8735  
[ddennis@wavecable.com](mailto:ddennis@wavecable.com)

Reed Miller  
(360) 435-9490  
[geezereed@aol.com](mailto:geezereed@aol.com)

George Henery  
(425) 778-7444  
[gfhenery@clearwire.com](mailto:gfhenery@clearwire.com)

### Secretary:

Jim Holes  
(360) 387-6418  
[holmes811@msn.com](mailto:holmes811@msn.com)

### Treasurer:

Bob Banks  
(360) 659-6164  
[bobbanks@gte.net](mailto:bobbanks@gte.net)

### Ghillie:

Don Scott  
(360) 387-7723  
[sallyscott@verizon.net](mailto:sallyscott@verizon.net)

## COMMITTEE CHAIRS

### Activities

Gary Medema  
(360) 653-7686  
[Gary\\_and\\_deb@netzero.com](mailto:Gary_and_deb@netzero.com)

### FFF Rep:

Carl Johnson  
(425) 308-6161  
[flyfishalso@verizon.net](mailto:flyfishalso@verizon.net)

### Library:

vacant

### Publications:

Bruce Turner  
(425) 787-6054  
[bruce\\_turner@comcast.net](mailto:bruce_turner@comcast.net)

### Awards:

Ray Morris  
(360) 963-2442  
[able@olypen.com](mailto:able@olypen.com)

### Conservation:

Jesse Scott  
(425) 745-6092  
[gardenfly@comcast.net](mailto:gardenfly@comcast.net)

### History:

Gordon Swanson  
(425) 337-8246

### Membership:

Mark Simpson  
(425) 258-1149  
[markbsimpson@yahoo.com](mailto:markbsimpson@yahoo.com)



[www.evergreenflyclub.org](http://www.evergreenflyclub.org)

### MEETINGS

General Meeting – 4th Tuesday of the month, 7 pm (6 pm Wet Fly hr.) Flying Pig Brewery  
Board Meeting – 2nd Thursday of the month, 7 pm (6 pm dinner) Village Restaurant  
Conservation Committee Meeting – 3 rd Thursday of the month, 7 pm Village Restaurant

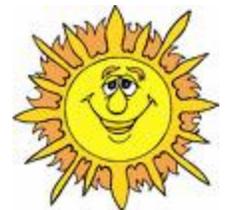
**Meeting: March 24, 2009 @ Flying Pig Brewery**  
**Wet Fly – 6:00 p.m. Meeting – 7:00 p.m.**



## President's Message By Dr. Doug Nordstrom

**SNOW** sign of stopping? Just when it looks like the weather will be good for a day on the lake old man winter blows in another arctic front with some of that white fluffy stuff.

Oh well maybe that means the snow pack will keep some descent river levels through the summer. There has to be some bright side to this dismal transition to spring. We need more than daylight savings time working for us! Everyone should have a good stock of all necessary patterns tied by now ready for that the first pleasant day to venture out on the water. **March 28th is the unofficial outing to Lone Lake** so make those offerings to the sun GOD for a warming trend by then. The tying instructors have been giving us great patterns. Some to use for the anticipated good salmon runs this year. We hope to have some of the DVD and tapes from the library available at the next meeting. **Praying for SUN!**



Dr. Doug





## Fools Paradise By Reed Miller

No, I'm not talking about the Fortson Hole on the opening day of the winter steelhead season. "Fool's Paradise" is the title of John

Gierach's latest book, his 16<sup>th</sup>. John lives in Lyons, Colorado and is a free-lance author and columnist.

I have all of his books, starting with "Fly Fishing the High Country", which was published in 1984.

If you are a techno-freak concerning fly fishing, then John Gierach's books aren't for you. This old hippie injects more than a little humor and philosophy into his books. Many are a series of short stories about his trips, experiences and companionships with other fly fishermen such as A.K. Best, Ed Engle and Mike Price.

He does have more technical books such as "Fly Fishing the High Country", "Fly Fishing Small Streams" (1989), "Fishing Bamboo" (1997), and "Good Flies" (2000).

However, his other books include titles such as "Sex, Death and Fly Fishing" (1990), "Dances with Trout" (1994), and "At the Grave of the Unknown Fisherman" (2003).

"Fool's Paradise" has 19 chapters covering such diverse subjects as bull trout, steelhead, pike, muskies, the Umpqua and cheap dates. I found the book to be very entertaining.



Oh, Fools Paradise. What is he referring to? Well, in his chapter on creeks he talks about how he loves fishing high elevation creeks on U.S. Forest Service lands. He says: "It's just that I can live with any

number of things going straight to hell as long as these streams continue to hold up. If this amounts to living in a fool's paradise, don't waste your time trying to explain that to the fool."



## Publications By Bruce Turner

Wow what a month! Calendars look great. Be sure to pick one up at the meeting! Remember only one per fisherman....



## Conservation By Jesse Scott

Each year our club sponsors children to a week long Youth Conservation Camp at Moran State Park in the San Juan Islands. Any club member may nominate a child and the Conservation Committee will make the final selections. The only requirement is that the children be between the ages of 12 and 16. This year we have money to send 6 children. The girls camp is scheduled for July 12 - 18 and the boys camp is July 19 - 25.



The camp website "<http://www.washingtonconservationcamp.org>" has application forms and additional camp information. Please try to get the completed forms to Jesse Scott by May 15th. If you have any questions give me a call at (425) 745-6092 or "[gardenfly@comcast.net](mailto:gardenfly@comcast.net)"



## Spay Rod Lesson

Take a Peek at this. Click on Link for Video  
[Must be Online](#)

## Rob Gamage On The Skagit

**For Sell  
By Owner**

**8' Dave Scadden**  
**"Montana" Pontoon Boat**  
**\$200**



Powder coated steel, comes with anchor and anchor davit, casting apron, two tube mounted storage bags, rear storage platform and oars. I've used this boat on lakes and several rivers (Skagit, Cowlitz, Green) and it handled well. If you have any questions, contact Rob Gamage - daytime 206-423-1297 - evenings 360-691-9997 or [ragflyguy@hotmail.com](mailto:ragflyguy@hotmail.com)

**Also For Sell**

Sage SP rod, 389-5, 3 wt., 8' - 9", 5 piece w/extra tip section. Used once, with original warranty card. \$375.00

G. Loomis reel, GL 2-3-4 w/WF3F Mastery Line. Used once. \$175.00  
Both for \$495.00

**Jim Melnick (425) 379 - 9681**

**Some More Stuff For Sell**



Scott 13' , 8 Wt Spay Rod  
ARC1308/3, with Cortand  
Magnum 400D Disk Drag Reel,  
Rio WindCutter Spey Line with  
VersiTip 7/8/9 line.

**\$700.00**

Call: **George Richardson** 360-474-1266

**Speaker for March  
By Rob Gamage**



Aquatic **macroinvertebrates**, that's a big fancy name. I find it much easier to use words like bugs or insects.

Whichever you prefer to call them, they can be a very useful indication of the general health of a body of water. Why should that be of any interest to us? Well, aquatic insects eat aquatic plant life, other insects etc. and, in fresh water anyway, fish eat (amongst other things) aquatic insects. More bugs, means more fish food, which means healthier fisheries!

The Stilly Snohomish Fisheries Enhancement Task Force

(<http://www.stillysnofish.org/>)

is a not-for-profit corporation and their mission is "...to ensure the future of salmon in the Stillaguamish and Snohomish River watersheds, and Island County".

One of their goals is to facilitate the cultural shift necessary to complete their mission through public education and other means. Our Conservation Committee, chaired by Jesse Scott, donates money to the Task Force and has also teamed up as Project Partners and Supporters.



A couple of years ago and again last year (I think). The "Task Force" trained several of our club members how to conduct aquatic macroinvertebrate surveys in the field. Since then, the "Task Force" has asked Jesse Scott if some those guys would collect survey specimens from a couple of creeks in the Stillaguamish River watershed to assist them in assessing results of restoration and enhancement projects in those areas.

So, this month Brian Boehm and possibly Cara Ianni, will present us with the results of those efforts and highlights of other "Task Force" efforts. Come see for yourself how the EFFC is contributing to the future of our fisheries.



## Fly Tying Contest By John Gattinella

## Interesting Facts Sent In By Jake Jacobson

The fly pattern for March is your favorite chironomid in sizes 6-18. There are many, many chironomid patterns, so picking one to tie may be your biggest challenge. Here are a few sample pictures.



### Catch-and-release fishing less stressful than previously thought

Often touted as way a for conservation-minded anglers to enjoy of fishing without impacting the fish population, catch-and-release fishing has recently been drawing criticism from animal welfare advocates for causing fish too much pain and stress. In a recent article in the *North American Journal of Fisheries Management*, scientists from the U.S. Geological Survey's Western Fisheries Research Center in Seattle and Utah Cooperative Fish and Wildlife Research Unit at Utah State University studied the blood chemistry of four trout species after being caught and released in order to measure their physiological stress levels. Brook trout, cutthroat trout, brown trout, and graylings were hooked in western mountain lakes using artificial flies and lures, and then played from 15 seconds to 5 minutes. Blood samples were taken immediately after landing, and then at intervals up to 72 hours later as the fish were held in a net pen. The researchers found mostly mild effects on the fishes' chloride, glucose, osmolality, and hemoglobin, and in fact noted that the fish seemed to find confinement in the net pen to be more stressful than the actual hooking, playing, and landing. The authors point out that educational programs about the relatively benign effects of catch-and-release fishing could be beneficial to anglers and the non-fishing public alike. **Physiological Response of Some Economically Important Freshwater Salmonids to Catch-and-Release Fishing**, by Gary A. Wedemeyer and Richard S. Wydoski. *North American Journal of Fisheries Management* 28:1587-1596.





## The Good Old Pilchuck River By Jerry Larson

I was sitting and thinking the other day  
And I wishing my life had not gone this way  
If I had not had, a lot of bad luck  
I would be out fishing the Pilchuck  
Fishing the Pil was always such a thrill  
I can't help but wish I was doing it still  
I never knew what was in store  
When I casted my line over near the far shore  
But if I casted my line just right  
I might feel a gentle little bite  
Then if I set the hook with all of my might  
I was in for a very long hard fight  
A beautiful silver bright steelhead might jump out,  
three feet in the air  
Almost more than my poor heart could bear  
When he landed back in the water the fish usually  
went down river on a long fast run  
To me this was the best part of the fun  
It was always hard to bring a big fish to the beach  
That just doesn't want to come to where you could  
reach  
Out if you were careful and lucky you could bring  
the fish to shore  
Then I would wade down the river casting and  
looking for more  
After a while it was time to head for the car  
I was always surprised I had fished down river so  
far  
It didn't seem far because I was having so much fun  
It would be way after dark before I was done  
I would be back out fishing the river early the next  
day  
Back in those days that was my way  
And so it went day after day throughout the season  
I was a steelhead fisherman who loved to fish that  
was the reason  
I was lucky to grow up in the right place and at the  
right time  
At that time I felt the river and the fish in them were  
all mine  
Then from where I lived, The Rivers were very near  
All these fishing times, in my heart I hold dear

It don't seem like this experience is that far in the  
past  
I thought my time on the river would always last  
I never realized my fishing days would soon come  
to an end  
It shows that on life's path, we never know what's  
around the next bend  
We travel life's path and try to do what is right  
But life at times, can really be a hard fight  
When all is said and done, life is also a great delight  
Back when I was fishing nearly every day  
That is what I would always say  
There seemed to be lots of fish in the streams  
I still relive all these fishing times at night in my  
dreams  
I should have known my fishing life would be over  
some day  
If you are an outdoorsman you know that is nature's  
way  
One day you realize you are near the end of the path  
It seemed like my life went by awfully fast  
But when I look back at all the wonderful family  
friends  
And fishing times I had  
I can't think of any reason for me to be sad  
So finally when I look back at all these good times I  
had  
Getting old isn't quite so bad  
And I think what a wonderful piece of good luck  
I was born in Everett and so close to  
**GOOD OLD PILCHUCK**



# Evergreen Fly Fishing Club

PO Box 221

Everett, WA 98206

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## EFFC Coming Events

<u>Date</u>	<u>Event</u>	<u>Location</u>
May 1 <sup>st</sup> and 2 <sup>nd</sup>	FFF Conclave	Ellensburg Wa.
May 9 <sup>th</sup> Sat.	Fishing Kids	Silver Lake, Everett
June 6 <sup>th</sup> -7th Sat. Sun.	Spring Fishout	Chopaka Lake
June 27 <sup>th</sup> Sat.	North Fork Stilly Cleanup	Charlie Rickett's place
July 11 <sup>th</sup> Sat.	Unofficial Saltwater Searun Fishout	Marysville Launch – Ebby Slough
July 19th Sun.	Summer Fishout /Mtg.	Gordy Swanson's place on NF Stilly
July 24 <sup>th</sup> -26 <sup>th</sup>	Kalama Cup	Gordy Swanson's place on NF Stilly